

Benefits of Baby Signing

- ❖ Empowers babies to communicate earlier
- ❖ Boosts self-esteem
- ❖ Reduces frustrations
- ❖ Complements language skills
- ❖ Enhances bonding and interaction
- ❖ Helps parents understand what child wants/needs

Top Tips for Baby Signing

- ❖ Always say the word with the sign
- ❖ Good eye contact
- ❖ Keep it fun, use songs and rhymes
- ❖ Keep it simple – only use one to two signs per sentence
- ❖ Repetition is key - Use daily!
- ❖ Avoid putting pressure on child by 'showing' others what they can do
- ❖ Be patient – your baby will develop at their own pace
- ❖ Involve the family – the more people who sign to them the better
- ❖ Encourage their signs even if they get it wrong, it takes practise for tiny hands!

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